



- Cometti, G., 1988, Les méthodes modernes de musculation, tome 1: Données théoriques, UFR STAPS Dijon.
- Forni, I., CAPPELLINI O., 1987, Compendio di meccanica articolare, Argalla Editore, Urbino.
- Fox, E. L., 1982, Fisiologia dello sport, Editoriale Grasso, Bologna.
- Harre, D., 1977, Teoria dell'allenamento, S.S.S., Roma.
- Izzo, R.E., 2013, La preparazione sportiva del giovane atleta, Bologna.
- Jakowlew N., Die bedeutung der homoostasestörung für die Effektivität des Trainingsprozesses, Medizin und Sport.
- Scelsi G., 2013, La froza come prevenzione, Scienza e Sport, Ed Sport Italia srl., n.18-2013,pg. 72-73.
- Weineck J., 2000, La pallacanestro ottimale, Calzetti e Mariucci, Perugia.

Science, Movement and Health, Vol. XIII, ISSUE 2 supplement, 2013  
September 2013, 13 (2), 493-497

## TRAINING A POLYFUNCTIONAL TEACHER IN THE DIALOGUE OF CULTURE AND SPORT

MUNIROVA LEILA R.<sup>1</sup>, RAYNIS ANDREI I.<sup>1</sup>, GVOZDEVA ANITA N.<sup>1</sup>

### Abstract

Regionalization of training teachers of physical culture is considered as the process and the result achieved with multifunctionality specific educational activities in the dialogue of culture and sport. Training a polyfunctional teacher in the dialogue of culture and sport provides a didactic model for polyfunctional physical education and socialization of modern teachers.

*Problem Statement:* Modern education is characterized by the development, integration in cultural and sport environment of physical teacher training for modern school.

*Aim of the study.* Establishment regional training system of polyfunctional physical education teacher in the dialogue of culture and sport.

*Research Methods.* Pedagogical experience, observation, questioning, testing, interview, expert assessment methods of mathematical statistics, diagnosis of cognitive abilities of individuals with the use of valid tests .

*Results.* Creating and promoting crosscultural and sport environment in physical teacher training for schools through intercultural dialogue, inter-university cooperation in its specific areas .

Sport and tourism - the socialization of the individual in sport, cultural and educational environment, Olympic education, inclusive education, museum and ethnographic tourism, festivals of sports and culture in Higher Education. (Ministry of Youth Policy ,Sport and Tourism).

Culture - a sociocultural portrait of Physical Training Teachers in cultural and educational environment, social adaption of migrant students, ethnic culture and intercultural communication of youth subculture.

Education - development of scientific research, international programs of UNESCO, grants, projects, conferences and forums in the development of international and national mobility educational environment ( "Professional competence of future teacher in the dialogue of culture and sport in modern university", "Comparative Education in the dialogue of cultures and peoples of the world ", " Polyfunctional physical education teacher in a modern multicultural society ") .

*Key words.* Comparative Education, modern multicultural society, regionalization of professional teacher development, a polyfunctional teacher, crosscultural and sport environment.

### Introduction

The pedagogical university provides regionalization of professional teacher development for modern schools determined by state, administrative, legal, socioeconomic, sociocultural, and socio-pedagogical factors. Training a polyfunctional teacher in the dialogue of culture and sport provides a didactic model for polyfunctional physical education and socialization of modern teachers.

The theoretical and methodological basis of study are anthropological, cultural, systematic, comparative, competitive approaches to professional education. Comparative pedagogy reveals the positive and negative aspects of international teaching experience, methods and forms of mutual enrichment of national cultures in teaching innovative educational activities.

<sup>1</sup>Bashkir State Pedagogical University, named after M. Akmullah, Sport Department, RUSIA  
Email: Leilambspu@yandex.ru



Theoretical and methodological basis for comparative studies are the specific historical, cultural, ethno-psychological, civilizational approaches to comparative education and educational theory and practice in various countries and regions (Badarch, Bondarevskaya, Wulfson, Dzhurinsky, Lapchinskaya, Malkova, Nikandrov; "Yearbook of Education" (Columbia University), "International Yearbook Training and Education, International Journal of Teachers" (Germany), "Comparative Education", "The world of education" ("Le Monde Education"), "Review of Comparative Education").

The implementation of the comparative approach promotes students' understanding the laws of formation and development of global educational thought, research, strategies and trends of the reform of teacher education in the modern world as well as general professional competence and forming an integral characteristic of the future teacher personality.

Multifunctionality is a necessary part of physical teachers professional training for considering that the activity of a modern teacher is multifunctional by necessity, that it demands a widening of the boundaries of their training in order to perform different functions to complete different professional tasks.

Multifunctionality is a quality of provided educational services, which are developed potential of interdisciplinary connections either within one academic subject, or within some, wider functional opportunities in organizations on the spectrum of additional educational programs. Multifunctionality in the professional physical teachers' training provides a means of raising the level of pedagogical universities. The development of skills and competencies will increase the ability to move from one type of practice or job to another. The professional activities will be at a level of development of research and practice which are demanded by the modern educational system in Russia and the world.

The realization of a multifunctional approach in the system of professional training for the future physical teacher necessitates the inclusion in the educational program of different profiles and the development of individual paths for student choice, in order to form professional competencies for the implementation of educational programs in a number of different academic subjects. The expansion of the areas of multifunctional activity (the implementation of elective courses, organization of research projects for students, psychological and pedagogical support of individual educational outcomes for students), new roles for teachers (tutor, technology coordinator, supervisor) supposes the preparation of a multifunctional teacher in the dialogue of culture and sport.

Training a polyfunctional teacher in the dialogue of culture and sport provides a didactic model in the following typology of competences:

**Informational competence:**

- The main regularities of formation and development of education in the modern world;
- Object and subject of Comparative Education as a science;
- Methodology and Comparative Education;
- Pedagogical views, concepts, theories of Western scholars - comparativists;

The fundamental works in the field of comparative pedagogy, pedagogical constructs and overseas teaching tools;

- Innovative model of learning in foreign countries, the criteria for international accreditation of the quality of educational programs; International standards of efficiency of educational systems improving the quality of higher education;
- Rating of international cultural and educational centers in Russia, Bashkortostan and abroad;

**Social competence:**

- Describing the main directions of world education in a global, regional and national levels;
- Determine the value of international experience to reform the education system in Russia and Bashkortostan;
- To predict and design the educational process based on modern pedagogical concepts of foreign countries;
- To conduct comparative analysis and to identify patterns of development of modern education in the world;
- To characterize the features of a modern system of teacher education in leading Western countries;
- To evaluate and predict the trajectory of the invariant-integrative world education;

Review the requirements of international standards, European standards and guidelines for quality assurance in higher education (ESG, Standards and Guidelines for Quality Assurance in the European Higher Education Area), as well as national and international criteria for the quality of educational programs;

**Personal competence:**

- Ways to implement research positions in the professional improvement of the quality assurance system of higher education;
  - A system of methods and modalities for a holistic educational process in the context of the transforming functions of Comparative Education;
- Graduate competencies as learning outcomes (Learning Outcomebased Approach) to develop, implement and evaluate educational programs;



Basics of the credit system ECTS (European Credit Transfer System) to assess the competence and didactic programs (modules) to ensure their achievement.

**The research is based on a group of methods**

Social and rehabilitative methods of modern pedagogy of higher education, methods of art therapy and culture, recreational and rehabilitative pedagogy and inclusive education, media and communication (theory - the study and analysis of scientific literature on the study, systematization, classification, analysis, synthesis, comparison, theoretical modeling; empirical - studies in the framework of modern pedagogical university as a centre for the integration of science and education, international cooperation in the modern world and the informational society in the context of the grant policy and international cultural exchange programs.

We could support the main activities for modern physical education teachers in the dialogue of culture and sport:

·Students and postgraduate students initiate the opening of UNESCO Clubs in the rural schools of of Bashkortostan (Tuimazinsky district, School in the village of Yaprykovo; Mechetlinsky district, school № 2 in the village of BolsheUstikinskoe; Duvan district, school in the village of Mihaylovka) and in the Republic of Bashkortostan (schools in towns such as Kumertau, Meleuz, Belebey, Tuymazy, Chishmy, Mesyagutovo, Bishbulyak), carry out scientific and methodological management of the 'UNESCO Associated Schools' projects for participants and educational institutions, implementing programs of international cooperation in the education of the capital (schools № 3, №39, №16, №93, lyceum №5, the experimental area chairs). UNESCO Days are held by volunteer students in educational institutions of the Republic of Bashkortostan in 2008-2012 years.

·The centre organizes teacher training courses "UNESCO movement in modern school" for the heads of educational institutions, who actively participate in international cooperation programs. The main issues of modern education in the context of the international UNESCO-development - "Trends in the development of UNESCO's education in modern world", "Multicultural education, world culture education", "Human Rights in Education", "UNESCO's world education in different countries", the activities of scientific and educational resource center of UNESCO in M. Akmulla Bashkir State Pedagogical University.

·Problem groups in the framework of international cooperation and integration in the context of grant policy between Russian Humanitarian Scientific Fund and Russian Fund of Fundamental Research, international cultural exchange programs of UNESCO, IREX, Fulbright, DAAD, Work and Travel,

international exhibitions "Education abroad", the activities of the Department of Science and International Cooperation of M. Akmulla Bashkir State Pedagogical University, Bashkir-American Intercollege are converted to the UNESCO Club as a public organization that unites students on a voluntary basis to promote human principles and ideals of UNESCO at the university.

·In the context of integration of modern education in higher education of the Republic of Bashkortostan, the development of tolerance requires the study of the individual student's social portrait of the Turkish-speaking students in modern schools of Bashkortostan. The projects involve comparative analysis of adaptation of the Russian and foreign higher education in the Republic of Bashkortostan in the dialogue of cultures and civilizations of East and West, the definition of the essence, the content of comparative education in the structure of modern research. "Integration of UNESCO's Education in the national high school".

·The centre cooperates with leading universities in St. Petersburg, Moscow, Kaliningrad, Kazan, Yekaterinburg, implementing innovative projects of UNESCO in the networking of universities and UNESCO Chairs in the sphere of education to provide innovative high school renovation and improvement of educational policy.

·Particular attention is paid to the formation of civic consciousness, world culture and interethnic harmony, which is illuminated by the media (participation in TV programs "All Ufa", radio programs "Yuldash"). The process of socialization of young people - getting the nomination winners of "The World through the eyes of youth" in the grant activities Presentation at the conference "Education. Science. Career." "Innovational potential of youth science", ("Social Portrait of Turkic-speaking youth in the global education dialogue of cultures") of Bashkortostan (Academy of Sciences of Bashkortostan Republic, the House of Peoples Friendship in THE REPUBLIC OF BASHKORTOSTAN)

·Special attention is paid to the socio-pedagogical project, "Solidarity, memory, identity". It serves as the realization of civic engagement, integration in a multicultural society, social mobility, youth ethno-socialization in a multicultural educational environment (school principals, leaders of rural communities, managers of museums), as well as transferring scientific knowledge between cultural and educational institutions that is the objective of museum and library pedagogy.

**Development objectives:**

- assistance in achieving a high-quality education in secondary schools and universities of the Republic of Bashkortostan (Ministry of Education and Science of the Russian Federation, Ministry of



Education of the Republic of Bashkortostan) in the framework of cultural dialogue, inter-university cooperation "The UNESCO Chair" (UNESCO UNITWIN), associated UNESCO schools, the "Education for All" programs, participation in the Bologna process, education under European Union standards, and the European Credit Transfer Systema (ECTS);

-coordinating UNESCO international programs in contemporary pedagogical universities in Bashkortostan, assisting with the development of education as a basic human right;

-integration of the Chair in the international education and scientific space in the context of globalization, comparative analysis of the Russian and international experiences of professional preparation for teachers in rural schools;

-research into the problems of "assisting the development of a setting up rural libraries" in order to fulfill the goal of "Information for All" as a transfer of scientific knowledge between cultural institutions and educational institutions- museum and library education.

#### **Specific objectives:**

-formation of professional competency for the physical teacher in the regional environment;

-integration of mass-media education, information systems and technology in the media industry.

-creation of electronic textbooks, educational portals and websites for the dispersal and exchange of best practices in the area of social pedagogy, publication of a monograph of methodological aids and a series of articles on the issues;

-participation in webinars on comparative education, scientific, methodological leadership of the participants of the project "Associated UNESCO Schools" and educational institutions, taking part in in programs on international cooperation in the regional education system;

-organization of courses "Education in Rural Schools in the UNESCO Program Context" for the leadership of general education institutions of the rural population.

#### **Direction of Activity**

Graduate programs, distance learning programs, research activity, invitations to teachers, private lecturers, strengthening of informational and library services.

#### **Expected Results**

Creation the modern system of training for multifunctional teachers in the dialogue in culture and sport.

Introduction and implementation of new methods for using innovative technology in rural schools.

Holding regional conferences, organization of lectures, and master classes, publication of monographs.

Organizing the teachers and students exchange of with the goals of assisting academic mobility in cultural dialogue of global education.

Setting up contacts between international and Russian research centers and higher research institutions concerned with these specific issues within UNESCO and TURKSOY programs.

#### **Major activities**

- Youth Forum "The Development of Inclusive Educational Environment in the Contemporary Pedagogical University";
- The International Festival of Languages and Peoples "Historical Memory and Cultural Dialogue under the Conditions of Globalization";
- Round Tables of associated schools and UNESCO Chairs "Ethno-cultural Education: Historical Traditions and Cultural Uniqueness";
- Tourist Trips "Ethno-socialization of Youth in a Multicultural Educational Environment";
- Webinars, Online Conferences, Intel-programs (Training for the Future), academic support for SMART schools in the framework of the project "Predicting the Trajectory of Transformation of the Contemporary Pedagogical University";
- The Congress "Slavic Languages and Cultures: Sources, Traditions, and Cooperation" and festivals of Slavic writing and culture.

Conferences and Master Classes on the issues of social and academic mobility for teachers with competent access to education - International M. Akmullah Readings "Socio-cultural Portrait of Contemporary Rural School Teachers in the Republic of Bashkortostan"

International School conferences for young scholars "Sports, Medicine, Genetics, Physiology, Biochemistry, Pedagogy, Psychology and Sociology"

The organization of research activity (training a multifunctional teacher for the contemporary school assumes the inclusion in the educational program of different areas and types and the implementation of individual plans from which the student can choose).

Development the information and library networks for regional education, the creation of





websites. Psychological and pedagogical support of individual educational trajectories, implementation of elective courses.

Courses for physical education teachers, leaders of general education institutions, who participate in the international cooperation programs, courses for raising the qualifications for teachers in sport schools "Education in the Contemporary School in the Context of UNESCO and TYRKSOY Programs"

### Conclusions

The concept for the development of a functional model of the modern teacher focuses on methodology, theory and technology of cross-cultural management in education, ethnic and religious tolerance and intercultural dialogue and strengthening of ethnic and cultural unity of the peoples of Bashkortostan. There were published the following monographs: "Methodology of ethno-pedagogy" (Prof. Gayazov A.S.), "Comparative Education", "Building of professional competence of future teachers in the educational environment of the university", "UNESCO - Education in Modern Pedagogical University" "International academic mobility and UNESCO programs» (Assoc. prof. Munirova L.R.), and also several articles on UNESCO problems in the sphere of development of modern physical education.

There were held "round tables", conferences, forums and festivals. The organization of "round table" with the Committee of the Russian Federation for UNESCO, the Secretariat of the Commission of the Russian Federation for UNESCO, the Coordinating Committee of UNESCO Chairs in the Russian Commission for UNESCO, the Committee of the Republic of Bashkortostan for UNESCO, "Pedagogical University - Dialogue of Cultures and Education", "Social Mobility - student's Dialogue of Cultures in Global Education", "Ethno-socialization of the rural teachers", "Professional competence of future teacher in the educational environment of the university", "Comparative Education in the dialogue of cultures and peoples of the world", "Social portrait of modern Turkic physical education teachers", "Intercultural Tolerance of Turkic-speaking students in sport in the educational environment of university", "Inclusive learning environment at sport schools", "The development of the inclusive educational environment in the modern pedagogical high school".

In accordance with the federal state educational standards of professional education of the new generation, the future physical educational teacher will be prepared for the following professional activities: pedagogical; cultural educational; scientific research. In the implementation of each part of the educational program we take into account the existing

characteristics of the modern system of regionally oriented professional training: multifunctionality, modularity, variability, flexibility in the dialogue of culture and sport.

### Bibliography

- Gayazov, A. S., 2010, The competences in the professional development of the modern teacher. "Internet teachers' meeting, dedicated to the professionalism of the teacher", Section "Building professional competence of the teacher", Ufa, EDU RB, pp. 56 - 59.
- Gayazov, A.S., 2011, The construction of "Education through life" and the innovative development of the modern educational system, "Education: Tradition and Innovation", № 1, pp. 30 — 37.
- Munirova, L.R., 2011, "Academic Student Mobility within the Dialogue of Cultures and Sport Education in Bashkortostan", THE INTERNATIONAL HIGHER EDUCATION CONGRESS (UYK-2011), Istanbul, Turkey, pp. 43 — 48.
- Munirova, L.R., Rainis, A.,I., Academic mobility of students in the dialogue of culture and sport, Academic Mobility: Challenges and Prospects., Proceedings of the international, pp. 20 — 26.
- Munirova, L.R., Rainis, A.,I., Academic mobility of students in the dialogue of culture and sport, Academic Mobility: Challenges and Prospects, Proceedings of the international scientific conference, St. Petersburg: Izd SPbGUSE, 2011, pp. 34 - 40.
- Munirova, L.R., Rainis, A.,I., Ethnic tolerance of Turkic students in sports and educational environment of the university, II International Forum "Strategy for the interaction of educational institutions and employers", Parliamentary Assembly of the States - members of the Commonwealth of Independent States, Saint-Petersburg State University of Service and the economy, Sheffield Hallam University (UK), 2011, pp. 67 — 72.
- Munirova, L.R., Rainis, A.,I., 2001, Social Portrait of physical culture teachers in modern rural school, Modern problems of physical training education, Baltic Federal University named after Immanuel Kant, Kaliningrad . 2011, pp. 56 — 64.
- Overcoming Inequality: Why Governance Matters, EFA Global Monitoring Report, OXFORD University PRESS:UNESCO PUBLISHING; FRANCE, 2009.